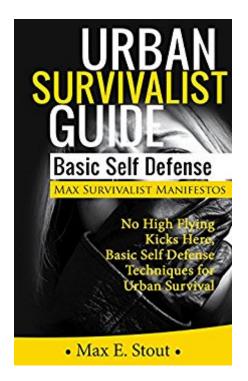


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A Beginner's Urban Survival Prepping Guide: Basic Urban Self Defense Guide And Survival Tips In The Prepping Urban Environment(The Prepper's Urban Survival ... A Beginner's Urban Survival Prepping





Synopsis

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Like so many other books on the topic, this book is a decent way to learn maneuvers and tricks to use as a way to defend yourself should you find yourself in a bad situation and without any other form of self defense. However, like so many other self help books or products, you cannot become proficient in the methods you'll read without actually practicing what you've read and that means finding a willing partner or, better yet, a Martial Arts school to actually do some hands on practice and receive practical advice from a PROFESSIONAL. You cannot learn the moves discussed via osmosis just like you cannot become properly trained in first aid or CPR by reading about it. Do yourself a favor IF you buy this book (or download it for free like I did) and join a school. As most everyone has heard, a little knowledge can be dangerous. So don't become a statistic and embolden yourself by merely reading a book.

A great book! Straight to the point I really enjoyed it!

I'm new to the whole preparedness movement and as such I'm always seeking new ideas. This book contained a lot of information. Some of it is more useful than others but that will vary from person to person. I recommend getting this and reviewing the information contained therein.

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